

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Discipline - is "To Obey What is Right" Leadership weapon: Jahng bahgn				1 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	2 5:00 Demo 6:00 Bo Staff clinic 7:00 Sparring 8:00 Fight Club	3 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing 11:00 Leadership
4 10:30AM All Ages Kickboxing	5 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	6 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	7 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	8 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	9 5:00 Demo 6:00 Sparring Games 7:00 Forms (Speed & Power)	10 8:00 Adv Krav 9:00 Krav Maga 10:00 BOOTCAMP 11:00 BBC
11 10:30AM All Ages Kickboxing	12 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	13 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	14 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	15 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	16 5:00 Demo 6:00 Combat Weapons 7:00 Elbow Strikes (Self Defense) 8:00 Defence Lab	17 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing 11:00 Leadership 6:30 Movie Night
18 9:00 High Rank Workout 10:30AM All Ages Kickboxing 12:00 Legacy	19 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	20 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	21 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	22 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	23 5:30 Stretch clinic 6:00 Kicks clinic 7:00 Krav Seminar	24 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing 11:00 BBC
25 10:30AM All Ages Kickboxing	26 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	27 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	28 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga			

Make sure you like our page on Facebook!