

Port St John Black Belt Academy
3760 Curtis Blvd #608

May 2017

(321) 631-7996
Web: www.psjbba.com
E-Mail: info@psjbba.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	2 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	3 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	4 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	5 6:00- 8:00 FIGHTING FROM THE GROUND 8 and up	6 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing 11:30 LEADERSHIP
7 9:00 HR- WORKOUT 10:30AM All Ages Kickboxing 12-3 LEGACY	8 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	9 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	10 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	11 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	12 5:00 DEMO 6:00- 7-12yr old spar 7:00- 13 up spar 8:00 Defence Lab	13 8:00 Adv Krav 9:00 Krav Maga 10:00 Bootcamp 11:30 BBC
14 10:30AM All Ages Kickboxing ALL MOMS FREE!!!! MOTHERS DAY	15 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	16 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	17 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	18 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	19 5:00 DEMO 7:00- Krav Seminar DISTRICT	20 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing CHAMPIONSHIPS
21 10:30AM All Ages Kickboxing	22 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	23 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	24 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	25 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	26 5:00 DEMO 6:00 Open floor G-BB FREE CLASS 7:00 CHOKE HOLD	27 9:00- Open floor -W-C 10:00 Kickboxing 6:30-10:00 MOMS NIGHT OUT
28 10:30AM All Ages Kickboxing	29 SCHOOL CLOSED MEMORIAL DAY	30 9:00 Warrior Krav Maga 7:45 Warrior Kickboxing	31 9:00 AM Warrior Kickboxing 7:45 Warrior Krav Maga	ALL MOMS TRAIN FREE THIS MONTH- TKD new students only		

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