

May 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Loyalty: Being faithful to your family, friends, and beliefs.</i>					1 5:00 Demo 6:00 Testing Sparring 7:00 Combat Weapons 8:00 Fight Club	2 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing 11:15 BBC
3 10:30 AM All Ages Kickboxing 12:00-2:00 Instructor Training	4 7:45 Warrior Krav Maga	5 9:00 AM Warrior Kickboxing 7:45 Warrior Kickboxing	6 7:45 Warrior Krav Maga	7 9:00 AM Warrior Kickboxing 7:45 Warrior Kickboxing	8 5:00 Demo 7:00-9:00 Womens Self Defense	9 8:00 Adv Krav 9:00 Krav Maga 9:45 X-Fit 10:30 Boot Camp 7:30 <i>Black Belt Ceremony</i>
10 NO Class Happy Mothers Day	11 7:45 Warrior Krav Maga	12 9:00 AM Warrior Kickboxing 7:45 Warrior Kickboxing	13 7:45 Warrior Krav Maga	14 9:00 AM Warrior Kickboxing 7:45 Warrior Kickboxing	15 5:00 Demo 6:00-7:00 Open Floor White - Purple 7:00-8:00 Open Floor Blue & Up	16 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing
17 10:30 AM All Ages Kickboxing	18 7:45 Warrior Krav Maga	19 9:00 AM Warrior Kickboxing 7:45 Warrior Kickboxing	20 7:45 Warrior Krav Maga	21 9:00 AM Warrior Kickboxing 7:45 Warrior Kickboxing	22 6:00 Power kicks 7:00 improve your Form 8:00 Fight Club	23 8:00 Krav <u>10:00 Testing</u>
24 10:30 AM All Ages Kickboxing 10:30:00 AM All Ages Kickboxing 31	25 Memorial Day Taekwondo Classes Cancelled 7:45 Warrior Krav Maga	26 9:00 AM Warrior Kickboxing 7:45 Warrior Kickboxing	27 7:45 Warrior Krav Maga	28 9:00 AM Warrior Kickboxing 7:45 Warrior Kickboxing	29 6:00 Self Defense 8:00 Fight Club	30 8:00 Adv Krav 9:00 Krav Maga 10:00 Kickboxing

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